2026-27 TSSAA GIRLS VOLLEYBALL COACHING CALENDAR
HIGH SCHOOL DIVISION

Physicals (TSSAA Bylaws)

- **April 15, 2025 – April 14, 2026**
  Good for 2025-26 School Year
  Good for 2026 Summer Practice
- **April 15, 2026 – April 14, 2027**
  Good for remainder of 2025-26 School Year
  Good for 2026 Summer Practice
  Good for 2026-27 School Year
  Good for 2027 Summer Practice

Participants in Practice & Games must have a valid physical and signed parental consent form on file with the school. (The link to these forms can be found on the Coaches page of the TSSAA Website.)

TSSAA Health & Safety Policies (Heat / Concussion / Sudden Cardiac Arrest / EAP, etc.):
https://tssaa.org/health-safety-policies

TSSAA Date of First Practice – July 27, 2026

- **After the TSSAA first official day of practice, a school can practice with or scrimmage another school**.
- Only students enrolled and in regular attendance in your school can participate in practice.
- Scrimmage options (Can only choose one.):
  - Four Scrimmages
  - Two Scrimmage Dates (Play-Days)
  - One Scrimmage Date (Play Day) & Two Scrimmages

NOTES: A scrimmage date is defined as more than two schools scrimmaging on the same day. **If registered TSSAA officials are used for a scrimmage, the schools are subject to the same sportsmanship requirements and penalties that apply to regular season contests**. Once a school has played their first regular season game, they can no longer scrimmage.

TSSAA Date of First Contest – August 17, 2026

- Eligibility & Schedule must be filed in the TSSAA Portal (Rosters & Schedules can be changed throughout the season.)
- Maximum number of regular season contests is 35. Maximum number of tournaments is four with each tournament counting as three matches.

TSSAA Postseason Tournament Dates

- Division I Districts must be completed by October 9, 2026
- Division II-A Regions must be completed by October 10, 2026
- Division I Regions must be completed by October 13, 2026
- Division II-A & AA First Round – October 13, 2026
- Division I Sectionals – October 15, 2026
- Division II A & AA Quarterfinals – October 17, 2026
- Division I State Championships – October 20-23, 2026
  - Class A – Rockvale High School
  - Class AA – Blackman High School
  - Class AAA – Siegel High School
  - State Championships @ MTSU
- Division II State Championships – October 20-22, 2026
  - Class A – MTCS
  - Class AA – Providence Christian
  - State Championships @ MTSU

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From the end of the season until December 31

- Individual instructions may be given to no more than three students per day (Cannot take place in a team practice/game setting.)

From January 1 until the last day of school for Students

- Maximum of eight days of team practice within a 15 consecutive school day period. (Only students enrolled and in regular attendance at your school can participate.)
- Individual instructions may be given to no more than three students per day (Cannot take place in a team practice/game setting.)

End of school year (Summer) until June 27, 2027

- No restrictions in regard to practice.

June 28, 2027 – July 11, 2027 – Dead Period

- No coaching, observing, or contact between coach and players. There is no practice, no open facilities, and no weight training/conditioning.

July 12, 2027 – July 25, 2027

- No restrictions in regard to practice.

TSSAA Date of First Practice – July 26, 2027

- Only students enrolled and in regular attendance in your school can participate in practice.

Additional Information:

- Try-Outs are considered practice and can only be held when team practice is allowed.
- Coaches are allowed to coach independent teams composed of their players when team practice is allowed. Keep in mind that during the season, players are not allowed to participate on an independent team.
- Participants in practice and games during the school year must be enrolled and in regular attendance at your school (Exception: Non-Traditional Students that have been ruled eligible by the state office.).
- Any adult giving instructions to athletes during TSSAA practices and/or TSSAA games is considered a coach and must be submitted in the TSSAA Portal and assigned as a coach for your school in the TSSAA Portal.
- Coach, Player, and Fan Conduct
    - Only Head Coaches can stand in the coaching zone during play (cannot be closer than six feet from the sidelines.). An Assistant Coach can stand in the coaching zone during dead-ball situations (Assistant Coaches cannot stand during play).
    - Players & additional bench personnel can spontaneously react to an outstanding play by members of their own team but cannot take steps towards the court and need to sit down prior to the whistle for the beckoning of the next serve.
    - It is an unsporting conduct violation if coaches, non-playing teammates or team attendants use props on the bench during celebrations.
    - Coaches, players, bench personnel, nor fans are allowed to use disconcerting acts or words when an opponent is about to play the ball (This includes but is not limited to clapping hands, stomping feet, screaming/yelling outburst.). Artificial noisemakers are not allowed to be used.
- Scorekeeping is a very vital part of the game of volleyball. Imagine what chaos would ensue if no one knew how to keep the book at a basketball game? Well, that question should also be asked in volleyball. Our officials have quite a list of duties to complete prior to the start of the match, and teaching someone how to keep score minutes before a match is not one of them. Therefore, coaches before the season begins, if you are using paper score sheets please make sure you have someone that knows how to score the match properly and someone that is able to keep track of the liberos. If you would like to use an electronic score keeping program, TSSAA highly recommends VolleyWrite.
- TSSAA Official Volleyball – Wilson Nova