CHEER COACH REQUIREMENTS & RESOURCES:

TSSAA Coaching Requirements

Cheer coaches are required to take the TSSAA online rules meeting annually. This meeting is accessed through the TSSAA Portal.

Online Meetings

Coaches should be familiar with and follow all TSSAA Health & Safety Policies.

Health & Safety Policies

TSSAA does not sanction cheer as a sport, so cheer coaches are not required to complete the NFHS "Fundamentals of Coaching" or "First Aid, Health, & Safety for Coaches" courses. However, these are great resources and can be accessed at nfhslearn.com.

Varsity Spirit Coaching Requirements

If your squad will be competing in any Varsity Spirit competitions, coaches should be members of USA Cheer and meet those requirements.

USA Cheer Membership Program

For questions concerning Varsity Spirit competitions and camps, please contact:

Jesse Hulet, Varsity Spirit State Director
662-380-3533
jhulet@varsity.com

Spirit Rules Book
https://tssaa.org/rules-books-for-coaches

USA Cheer Cheerleading Safety Manual
https://usacheer.org/safety/usa-cheer-cheerleading-safety-manual

Additional NFHS Resources (not required)
NFHS Cheer and Dance Safety Certification
Coaching Cheer and Dance
Sportsmanship
Engaging Effectively with Parents
Social Media
NFHS Spirit Resources Page