DANCE COACH REQUIREMENTS & RESOURCES:

TSSAA Coaching Requirements

Coaches should be familiar with and follow all TSSAA Health & Safety Policies.

Health & Safety Policies

TSSAA does not sanction dance as a sport, so dance coaches are not required to complete the NFHS "Fundamentals of Coaching" or "First Aid, Health, & Safety for Coaches" courses. However, these are great resources and can be accessed at nfhslearn.com.

TSSAA does not require Dance Coaches to be registered on the TSSAA Portal or to complete any TSSAA meetings. However, please ask your Athletic Director to add you to the Portal, so we have a current dance contact for your school to send important information.

Varsity Spirit Coaching Requirements

If your squad will be competing in any Varsity Spirit competitions, coaches should be members of USA Cheer and meet those requirements.

USA Cheer Membership Program

For questions concerning Varsity Spirit competitions and camps, please contact:

Ashley Creasey, Varsity Spirit State Director
901-619-2618
acreasey@varsity.com

Spirit Rules Book

https://tssaa.org/rules-books-for-coaches

Additional NFHS Resources (not required)

NFHS Cheer and Dance Safety Certification
Coaching Cheer and Dance
Sportsmanship
Engaging Effectively with Parents
Social Media
NFHS Spirit Resources Page