

For all sports, competitions must be postponed in the absence of an appropriate health care professional with access to a cold water immersion tub or other rapid on-site cooling method when the WBGT > 92. If using heat index, all competitions must be postponed in the absence of an appropriate health care professional with access to a cold water immersion tub or other rapid on-site cooling method with a heat index > 104.

TSSAA Heat Policy - Modifications for Soccer Competition
WBGT \geq 87 Heat Index \geq 95

The referee shall stop the game for a heat time-out lasting no less than five minutes during the first and second half. The time-out will be called at the first logical time to stop play after the 20 minute mark of each half.

TSSAA Heat Policy - Modifications for Football Competition
WBGT \geq 87 Heat Index \geq 95

Officials shall stop the game for a heat time-out at the first dead ball after the halfway point of each quarter. If either team has possession of the ball inside the other team's twenty yard line, officials may delay this time out until either the offensive team scores or the ball is turned over.