



## TSSAA Sports Medicine Advisory Committee Meeting

Wednesday, October 23, 2013

### **1. Introductions**

The committee meeting began with introductions of each committee member. Committee members present were Dara Trotter, Tim Hoskins, Dr. Andrew Gregory, Chris Snoddy, Dr. Clarke Holmes, and Robbie Williams

### **2. Review Committee Purpose, Composition, and Terms of Service**

The role, purpose, composition and duration of terms were discussed. Terms will be 4 years in length. Members who were a part of the Tennessee Sports Medicine Advisory Council will rotate off after 2 years. At this time, there seems to be no need to add another type of medical personnel to the committee. . Dr. Holmes noted that it may be beneficial to bring a TSSAA official on the committee. The committee agreed that this would be a good recommendation.

### **3. Review Materials Packet**

The packet of materials included an agenda from the NFHS Sports Medicine Advisory Committee. Mark explained that many of the items that are discussed at the state level originate from the NFHS Committee and the Injury Surveillance Data collected by Dr. Dawn Comstock.

### **4. Review Heat Policy and Heat Acclimatization Guidelines**

The committee suggested that TSSAA add modifications for competition for activities which occur indoors in the absence of air conditioning.

Mark introduced some suggested guidelines that TSSAA is considering that would supplement the new Heat Acclimatization Guidelines that have been created for football. The committee noted that one of the most important issues at hand is the total time an athlete is exposed to activities which

require physical exertion in one day. TSSAA will look at how it can modify the suggested guidelines and send the new language to the committee for consideration.

#### **5. Review TSSAA Concussion Policy**

The new legislation was discussed as to how it impacts the current TSSAA Concussion Policy.

#### **6. School Emergency Action Plans**

Mark asked if the anyone in the group may have a template that could be used in the development of an Emergency Action Plan for schools. Robbie Williams suggested using the NFHS Sports Medicine Manual as a guide for the development of a template. Since each venue is so different, it was suggested that TSSAA develop a guide for schools to develop their own EAP.

#### **7. AEDs**

Mark would like to see the committee have more discussion on how it can empower the schools to properly place, locate, and use AEDs at their events.

#### **8. Onsite Medical Care Standards**

The committee agreed that we may need to assess the member schools to more accurately define who is presently covering medical events involving TSSAA schools. The committee discussed the possibility of having an organization such as TATS create a database of athletic trainers that schools could hire to cover their events.

#### **9. Discussion of NFHS Wrestling Skin Release Form**

The committee agreed that there are a number of physicians who do not have an authenticating stamp for their office or practice. Therefore it is probably not reasonable to require that this type of stamp be included on the NFHS Skin Release Form.

#### **10. Review of TSSAA Pre-Participation Physical Exam Forms and Requirements**

Representatives from Priv-IT were in attendance to present their product which would allow member schools to record their pre-participation physical information electronically. Mark will ask the committee for feedback to the presentation via email.