

1. Role of the Committee, Review of Contact Information, Terms of Service

The committee meeting began with the introduction of Brett Burchwell, Student Services Coordinator with the Clarksville/Montgomery County School System. Committee members present were Tim Hoskins, Dr. Andrew Gregory, Chris Snoddy, Robbie Williams, and Brett Burchwell. Dara Trotter and Dr. Clarke Holmes were absent. Robbie Williams, Chris Snoddy, and Dr. Clarke Holmes will be rotating off the committee at the end of the 2014-2015 school year. The remaining committee members terms expire at the conclusion of the 2016-2017 school year.

2. Approval of Minutes from the 2013 Meeting

The minutes from the 2013 meeting were approved.

3. Date for Next Year (Wednesday, October 21, 2015)

The date for next year's meeting was discussed. Committee members were urged to update their calendars and let Mark know if there are any conflicts as soon as possible.

4. Review Current TSSAA Policies

a. Heat Policy

The committee recommended that TSSAA isolate the bottom of the chart now appearing on the website so that it is more prominent and easier to understand.

The committee discussed the role of apps which determine heat index. The committee recommended that the apps be used as a general guide to help schools determine heat index. If a school suspects that the heat index could be close to the limit for additional modifications, the app should not be used as the determining factor unless the reading is being taken from a weather station that is close to the area where the activity is taking place.

The committee discussed the current requirement of checking the heat index every 30 minutes. Williamson County Schools currently has a document that schools use to record this. TSSAA will create a form that schools can use to document that they have checked the heat index.

The committee recommended that language be added to the TSSAA Football Sports Calendar that helmets may be worn at any time.

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The committee discussed whether or not policy addressing multiple practices should be extended to sports other than football. Overuse injury may be as much of a concern as heat. Dr. Gregory will research to see if any such research based policy exists for other sports in other organizations.

Dr. Gregory suggested that we find ways to communicate that TSSAA policies create a safer environment for athletes than many other youth sports organizations.

b. TSSAA Concussion Policy

The committee recommended to keep the current TSSAA Return to Play Form as is. The challenges of returning athletes who have suffered from a concussion back to the academic setting were discussed. It was suggested that best practices for returning to the classroom be included in the Sports Medicine part of the website.

c. Lightning Policy

Mark explained that the lightning policy is reviewed with all game officials and coaches at each of the TSSAA Rules Meetings. Mark explained that when a school or university has a policy that is more restrictive, TSSAA schools should abide by the more restrictive policy. TSSAA will post the Lightning Policy on the website.

5. Pre-Participation Physical Evaluation Forms

The committee discussed the current Pre-Participation Physical Evaluation Forms. Dr. Gregory explained that there is a disclaimer that has started to appear on some clearance forms. This may be a part of the next AAP revision.

6. PrivIT Update

Mark updated the committee with the change in business model that has come from PrivIT. The use of their product is now being offered for free to TSSAA schools. Tim shared his experience with PrivIT in the spring. PrivIT will need to provide more explanation for schools who choose to use this product. Dr. Gregory indicated that the electronic forms are probably going to be the way of the future. He also indicated that there is probably not going to be a company that comes along making a better product.

7. NFHS Wrestling Skin Release Form

Mark explained how TSSAA has an unwritten rule for the NFHS Skin Form to “expire” 14 days after a “return to competition” date has been indicated by a physician on the form if a

suspicious lesion is still present in the area that was cleared. No resolution for this rule came from this discussion.

8. Football Two-A-Day Practice Regulations

The committee thought the current Two a Day Practice Regulations looked good. There was some discussion on how the TSSAA may be able to incorporate the 2-1-2 language into the multiple practices policy to make it easier to understand.

9. Anyone Can Save a Life (Emergency Action Plan Development)

Mark shared the *Anyone Can Save A Life Program* with the committee. TSSAA sees the program as the best solution for schools to develop customized Emergency Action Plans for their programs. The committee will review the program and provide feedback to TSSAA.

10. For the Good of the Order

It was clear in the discussion that a revision of the current format of the Sports Medicine Information is needed that includes a "Best Practices" section for housing position statements, best practices, etc.

Mark informed the committee that the NFHS Sports Medicine Advisory Committee would soon release the findings from a Concussion Summit hosted by NFHS in July. The findings will probably include recommendations for limiting contact in football. Mark will share these findings with the committee when they are released.

Chris Snoddy, Robbie Williams, and Dr. Clarke Holmes were recognized and thanked for their services as departing members of the committee. Their term will expire at the conclusion of the 2014-2015 school year.